

Travel as a team: Organising group adventures for patients

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My journey & CKD

- Married Jesper 2006, who was a dialysis patient
- We both loved to travel
- Dialysis shouldn't stop us from travelling
- Travelling around Europe for several years
- Decided to share the joy of travelling with other dialysis patients:
 - *Working with travel arrangement for the Danish KPA (Nyreforeningen)*



My journey & CKD



- Jesper passing away 2015
- Took over the the role of arranging the group travels for Danish Kindey patients myself
- Now reetired from my previous work as a schoolteacher
- Soly focusing on group trips
- 2 times per year
- Beyond that: assising patients who wishes to travel

CKD in Denmark

- 1 out of 10 suffer from CKD
- Danish KPA has 6200 members
- Dialysis patient or transplanted
- Approximately 3000 Danes are on dialysis



CKD in Denmark

How to travel as a Danish patient

- All treatments are for free; the public hospitals or holiday dialysis
- EHIC card
- Denmark divided into 5 regions with own regulations for refunding holiday treatments



Holiday dialysis with Diaverum

- Key Diaverum people
- Planning group travels in several steps

Group travel in several steps

- Find a clinic at destination for 30 patients
- Accepts EHIC
- Availability and dates
- Flights and hotel
- According to insurance terms

-“we need the full pack”



Group travel in several steps

- Cooperate with Travel agency
- Patients has specific needs
- Inform the Danish KPA members about an upcoming trip
- All paperwork in place
- Payment and insurance
- Patients & relatives feels vulnerable
- Time for take-off



Why group travel is important for patients



- We help them through the process with all documents and papers
- Patient feels that it is complicated
- GDPR and local regulations is difficult to understand

Why holiday dialysis with Diaverum

- Security & comfort
- Same standard on clinic wherever we go
- Well-educated staff
- Friendly
- Well equipped dialysis stations
- Easy booking process
- We can bring our own nurses



Canary Islands



Questions?